

Contents

Preface	3
Overview map	6
Tourist Information	8
Symbols	8
GPS tracks	9
The Top 10 walks on Madeira	10
Walking on Madeira	14
The laurel forest – UNESCO World Natural Heritage	14
Endemic flora	15
Nature parks and botanical gardens	15
Ornamental plants	17
Fauna	17
Environment and ecology	18
Levadas	19
Information and Addresses	20
Portuguese – English for walkers	22
Funchal climate	23
Timetables of the most useful bus routes	26
Funchal and the south coast	30
1 Descent from Monte to the Levada do Bom Sucesso	32
2 To Cabo Girão, 580 m	36
3 From Cabo Girão to Boa Morte	40
4 From Boa Morte along the Levada do Norte	42
5 Chão dos Terreiros, 1436 m	44
6 Tabua valley	46
7 Lombada da Ponta do Sol	49
8 From Monte to the Jardim Botânico	52
9 From Camacha to Monte	55
The east and Ribeiro Frio	58
10 Through the Porto Novo valley	60
11 Over Pico do Facho to Caniçal	62
12 São Lourenço peninsula	64
13 From Maroços to the Caniçal tunnel	68
14 From the Caniçal tunnel to Porto da Cruz	70
15 From Camacha to Sítio das Quatro Estradas	74
16 Via Lamaceiros to Portela	78
17 Along the old cobbled path to Porto da Cruz	80
18 The ‘belvedere’ of Ribeiro Frio	82
19 From Ribeiro Frio to Portela	84
20 From Ribeiro Frio onto the Feiteiras de Baixo plateau, 1170 m	88
21 Fajã da Nogueira 1	90
22 Fajã da Nogueira 2	92
23 Pico do Suna, 1028 m	94
The north coast	96
24 To the source of the Levada do Castelejo	98
25 Onto Eagle Rock, 590 m	100
26 The São Jorge coastal path	102
27 From Pico das Pedras to Queimadas	104
28 Caldeirão Verde	106
29 Into the Devil’s Cauldron, Caldeirão do Inferno, 1010 m	109
Central Madeira and Curral das Freiras	112
30 Via Achada do Teixeira onto Pico Ruivo, 1862 m	114
31 From Pico do Arieiro onto the Pico Ruivo, 1862 m	116
32 Over Pico Ruivo to the Encumeada pass	120
33 From Eira do Serrado to Curral das Freiras	124
34 From Corticeiras into the Nuns’ Valley	126
35 From Boca da Corrida to Curral das Freiras	128
36 Pico Grande, 1654 m	130
37 From Boca da Corrida to Boca da Encumeada, 1007 m	134
Paul da Serra and west madeira	138
38 Botanisng in the Folhadal	140
39 From Bica da Cana to the Pináculo	142
40 The fern path onto Pico Ruivo do Paul, 1640 m	144
41 From Fanal to Fio	146
42 From Cristo Rei to Cascalho	148
43 From Cristo Rei to the Fátima chapel	150
44 Into the Ribeira Grande valley	152
45 The Risco waterfall near Rabaçal	154
46 From Rabaçal to the 25 springs	156
47 Levada da Rocha Vermelha	158
48 From Prazeres to Calheta	162
49 Paul do Mar	164
50 From Lamaceiros into the Ribeira da Janela gorge	168
Index	170